



HOSTED BY:



WOMEN IN
LEISURE SERVICES
**GAMMA
CHAPTER**
CHI KAPPA RHO INC

“The Professional Connection for Women”

WORKOUT WHILE YOU WORK!

Guest Speaker:

Heather Ackley LaPaglia PT, DPT, PRPC

Affiliated with Hoag Hospital - Irvine
Lecturer at Chapman University

Please join us for lunch and learn about the benefits of being healthy and active within the workplace. This workshop will also provide ways to incorporate daily activities that will aid in your health.

FOOD FOR THOUGHT

Claim Jumper

18050 Brookhurst St. Fountain Valley, CA 92708

Thursday, October 11, 2018 • 11:30AM - 1:00PM

\$20.00
Members

\$22.00
Non-members

No shows/cancellations made after
October 8th will be billed

Schedule:

11:30AM-11:45AM	Check-In
11:45AM-12:00PM	Sandwich & Salad Buffet
12:00PM-1:00PM	Presentation

“Keep your eyes on the stars, and your feet on the ground” - Theodore Roosevelt

SPONSORED BY:



We Make It Happen.

RSVP BY: October 8, 2018

Janet Martell

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Make checks payable to:

Women in Leisure Services, INC - Gamma Chapter

